

**GREEN IS CARING.
BE PART OF A GREENER
AND HEALTHIER FUTURE.**

— www.greenforcare.eu
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OUR PROJECT IN THREE STEPS:

JOIN

We have a wide network of innovators who can link your green care activities to the business world. Our network is formed by researchers and research institutes, public and private organizations, practitioners and social innovators and entrepreneurs.

— **What you will find: sustainable solutions and ideas, opportunities and internships, the right partners**

LEARN

Do you want to improve your social innovation and entrepreneurship skills? We provide training and support for professionals and students to develop and grow their ideas in Green Care.

— **What you will find: new research and development reports from studies on training needs, innovation and the market outlooks in Green Care sectors, example business models from best practices, training and learning opportunities.**

PRACTICE

Ideas alone are nothing without practice and learning is often complimented and improved through action: the Green4C project offers different programmes of highly innovative activities and events that help turn your Green Care theory into practice.

— **What you will find: the green care specialisation school, green care hackathon, business idea competition, specific guidelines and support.**

FOREST-BASED CARE

Have you ever tried forest bathing or forest therapy? Feeling good with yourself is easier in nature; woods and forests have a healing power, almost magical.

SOCIAL AGRICULTURE

A form of aggregation that allows the social and labor inclusion of more disadvantaged people through work and sociality in agricultural practices.



Enhancing and creating tourist products and destinations that focus on the health and well-being of users and providers, while keeping an eye on the sustainability of the territory.

GREEN CARE TOURISM

Green spaces and urban spaces must coexist, in harmony: community food-growing and gardening, green exercise and horticulture therapy can contribute to recovery from stress caused by living in the city.

URBAN GREEN CARE

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